



Clark County Fusion Volleyball Club
COVID-19 Return to Play Requirements
Updated 09/29/2021

The risk of transmitting the SARS CoV-2virus that causes COVID-19 depends on multiple factors including:

1. Number of people in a location, 2) Type of location, 3) Distance between people, 4) Length of time at location, 5) Level of protective equipment used (e.g. face coverings). As general guidance, smaller groups are safer than larger ones; outdoor locations are safer than indoor; sports that can ensure distance of six (6) feet or more are safer than closer contact; and shorter duration is safer than longer.

Watch for symptoms: People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms.

When to seek emergency medical attention: Look for emergency warning signs* for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

*This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

COMMUNICABLE DISEASE POLICY

In the event a player is suspected or diagnosed and confirmed to have a contagious disease, they will be suspended from participation in events and any team activities – including but not limited to practices, games, and social events. Club Members or staff who test positive are required to isolate for 10 days after the date they receive a positive test result. They can return to play after 10 days if they do not have symptoms or have been fever-free for 24 hours without the use of medication and other symptoms are improving.

Fully vaccinated close contacts, or are not required to quarantine so long as they do not develop symptoms; however, molecular (PCR) testing is highly encouraged within 3-5 days of exposure. Unvaccinated close contacts are required to quarantine and will be given information on doing so, as well as a timeline for returning to play.

- Unvaccinated close contacts who experience no symptoms may choose to test with a molecular (PCR) test on Day 5 following exposure, and if test results are negative, may return to play on Day 8.
- Unvaccinated close contacts who are unable or unwilling to test with a molecular (PCR) test, and are experiencing no symptoms may return to play on Day 11 following exposure.

Any close contact that develops symptoms will be considered a “likely” COVID-19 case. Likely cases must begin a 10-day isolation period just as if they had been diagnosed with COVID-19 and an investigation will begin to determine any close contacts. Fusion strongly encourages everybody to practice good hygiene and, most importantly, to stay home if they feel sick.

Indoor facilities used will adhere to overall capacity limits detailed in the Indoor Fitness and Training Guidelines. Cleaning and disinfecting of these facilities is the sole responsibility of the facility rented.

People with underlying health conditions should consult with their medical provider regarding participation in athletic activities.

Masks are required for athletes directly before and directly after sporting activities and strongly encouraged whenever not engaged in strenuous activity. Any spectators must wear facial coverings per the Department of Health facial covering order. Physical distance of 6 feet must be maintained between staff, volunteers, and any spectators at all times with exceptions for training and medical personnel and volunteers performing their medical duties. Six feet of distance must be maintained among athletes when not engaged in sporting activities, huddles and team meetings must be physically distanced.

Athletes, coaches, umpires/referees, spectators, and any other paid or volunteer staff, are to practice good hygiene including washing their hands frequently and covering their sneezes and coughs. Wash hands often with soap and water for at least 20 seconds before and after practice, especially after touching shared objects or blowing your nose, coughing, or sneezing. Avoid touching your eyes, nose, and mouth. If soap and water are not readily available, use a hand sanitizer that contains 60-95% alcohol content. Cover all surfaces of your hands and rub them together until they are dry. Athletes should not share water bottles, uniforms, towels, or snacks and should not spit (saliva, sunflower seeds, etc.). Hand sanitizing stations will be provided at training and contest locations. Limit use of locker rooms to handwashing and restroom use only.

Limit exposure to those outside the household unit during travel. We encourage only those in the same household to travel together, and if not in the same household, travel in separate vehicles if possible.

For travel groups, (groups that include more than one household in the same vehicle whether in a carpool or on a bus) all members of the travel group, including the driver, must wear a face covering and spread out as much as possible within the vehicle. Limit travel groups to those who have been in regular contact (e.g. team members). Encourage family members to sit together. Maximize ventilation in the vehicle by opening windows.

Shared food tables and water bottle carriers will not be allowed.

I understand that failing to follow the Return to Play Requirements may result in player/parent/guardian removal from event and/or termination of club membership. All club fees will still be due in full. I understand that these requirements may change without notice in order to comply with State guidelines for returning to play.

Parent/ Guardian Name Printed: _____ Date: _____

Parent/ Guardian Signature: _____ Date: _____

Player Name Printed: _____ Date: _____

Player Signature: _____ Date: _____